

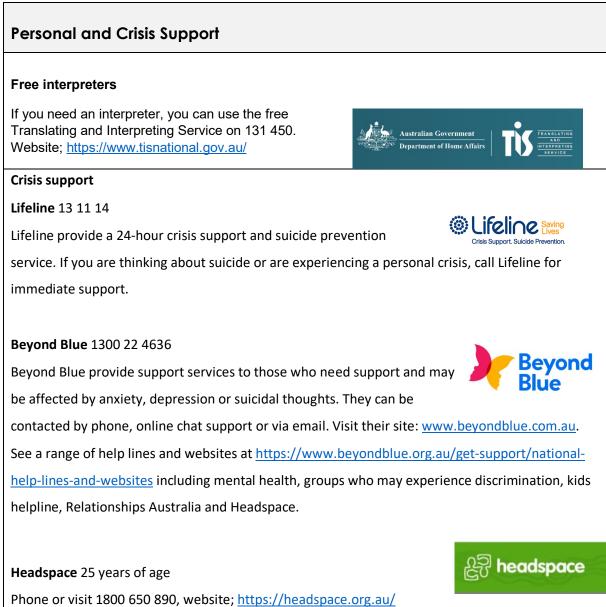
External Support Referrals

About this document

This document has been set up to ensure that students are provided with the appropriate referrals to external providers when necessary.

It's important that all students are valued and feel supported in our college community so having a consistent and central place to store information is vital.

External provider details



Support for eating disorders and body image issues

Butterfly foundation; https://butterfly.org.au/







Domestic violence

Students can contact 1800RESPECT; 1800737732.

Sexual violence

Students can contact Full Stop Australia; 1800 385 578 or visit; https://fullstop.org.au/contact-us

Gambling support

The Multicultural Problem Gambling Service (MPGS) for NSW

provides free, confidential, and accessible counselling for people

affected by gambling. MPGS also provides in-language training workshops and presentations to

interested groups (e.g. communities and service providers) on problem gambling and other issues

that can impact families (e.g. mental health, relationships).

MPGS is a free service, provided in different languages.

Phone: 1800 856 800 or the Multicultural Problem Gambling Service website;

https://www.gambleaware.nsw.gov.au/

Legal Support Services

The Redfern Legal Centre's international student legal services NSW gives free, confidential legal advice to international students studying in New South Wales. The International Student Legal Service is independent of the College and the government. Contact 02.96985975 or visit the website; https://rlc.org.au/what-we-do/our-services/international-student-legal-service-nsw



Full Stop Australia

GambleAware

You can speak with an experienced solicitor to get free and confidential legal advice about issues

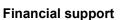
including:

- Housing problems
- Employment
- Sexual assault and sexual harassment
- Complaints about colleges or universities
- Fines
- Debts
- Car accidents
- Discrimination
- Family law
- Domestic violence
- Student Visa advice



Disability services

Include a website for relevant disability support group for relevant state eg Disability Services Australia (NSW) <u>https://www.dsa.org.au/</u>



ASIC Money Smart: https://www.moneysmart.gov.au/

Access for advice on financial help and getting back on track with a budget

Study Support

Study Skills

There are a few useful websites that provide study skill support for international students;

https://www.open.edu/openlearn/skills-for-study

https://newcomersnetwork.com/australia/information/study-skills-for-newcomers-and-internationalstudents-in-australia/

https://www.idp.com/global/study-in-australia/tips-for-new-international-students/

https://www.educationcorner.com/study-skills.html

https://www.aussieeducator.org.au/resources/studyskills.html

https://www.readandspell.com/tips-for-adult-learners

Local libraries

You can visit the local library which houses an excellent range of books and multimedia resources relevant to your course:

Local library details are:

• Ultimo Library, https://www.cityofsydney.nsw.gov.au/libraries/ultimo-library

Located on level 1 of Ultimo Community Centre. Ultimo library is home to a large collection of Chinese and other language resources.

English language support

Reading Writing Hotline - 1300 655 506

https://www.readingwritinghotline.edu.au/

https://www.readwriteandspell.com.au/

https://www.workskil.com.au/resource-hub/additional-support/reading-and-writing-in-english/

Local cultural and community groups

City of Sydney local council website for What's on in my area?

https://www.sydney.com/

Disability Services

Australia



Local cultural and community groups

There are a lot of social meet up groups and international student meet up groups you may like to look into;

https://www.meetup.com/en-AU/topics/international-students/

NSW Government support for international students

https://www.service.nsw.gov.au/guide/support-international-students

Local prayer and worship rooms :

Refer to Google Maps

Childcare

- Study Sydney (NSW) this website provides information on the services offered in Sydney, NSW and has plenty of information for international students: <u>https://www.study.sydney/live</u>
- Find and Early Childhood Service or School: mychild.gov.au
- My School: www.myschool.edu.au